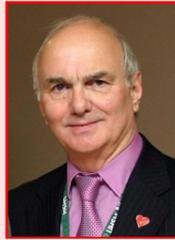


Chairman's Chat



Hello again to you all. I hope you've all had a pleasant summer and managed to enjoy some of the lovely sunshine.

I'm pleased to be able to share with you the good news that we've now moved into our new office in the North West Heart Centre, as you'll have read in this Newsletter.

And what is more, we've now managed to move a sizeable amount of the balance of funds, those of you who were at the AGM in April will recall we were holding at that time. I'm delighted to be able to tell you that the Cardiac Unit has beaten a path to our door and asked us to consider funding a number of items for various departments of the Wythenshawe's Cardiac Unit.

We've agreed to fund specialist retractor equipment for Minimal Invasive Aortic Valve Replacement, Impella Devices for potential lifesaving procedures (sharing the cost with transplant charity NewStart), a treadmill for the Cardiac Rehab gym, a specialist blood pressure monitoring machine and a Dynamap machine for use by the Cardiac specialist nurses. You can read more about these items elsewhere in the Newsletter.

With more items to consider at our next committee meeting on 2nd October these items add up already to a total expenditure in excess of £41,000.

On the other side of the balance sheet I'd like to thank Alan Imrie for again organising his fundraising Charity Golf Day on behalf of the Ticker Club, and also Martin and Barbara Merriman for organising their summer Pimms party at "Merriman Towers".

And, as you'll have read, **Team Abraham** fulfilled a dream on the weekend of 28th June with a relay run on Cannock Chase. A big thank you to them for raising just over £1,700 - what a great family effort!

May I on behalf of the Ticker Club committee thank you for renewing your annual subscription. The funds raised from this payment, as well as other individual and team fundraising efforts, allow us to fulfil one of our aims in support of the Cardiac Unit here at Wythenshawe Hospital.

Please keep your eye on the Ticker Club website for news of forthcoming events. I hope to see many of you at the Christmas Hot Pot Supper on Thursday 11th December at the Railway Inn, Hale.

Thank you all once again for your continued support.
Best wishes
John Phillips

Impella Devices to be financed by the Ticker Club and NewStart Charities



Earlier this year Doctor Mamta Buch (Consultant Cardiologist) approached the Ticker Club and NewStart Charities for funding for 3 IMPELLA DEVICES, which are a Catheter based circulatory assist device inserted via the skin that provides partial or total support of the Heart pump function. Its role is in the management of acutely unwell patients with Cardiogenic shock or patients with severely impaired heart function that are undergoing high risk intervention procedure to the coronary arteries.

The device is a microaxial propeller pump, inserted via the groin artery and placed in the heart. It is driven by an external power source and can stay in the patient for a limited number of days. The patient is immobile during its use which is only temporary but allows time for a definitive treatment strategy to be developed.

Cardiogenic shock refers to an inability of the heart pump to function effectively and is characterised by a sustained drop in blood pressure. This results in acute insufficiency in supply of oxygen and nutrients to the tissues.

As a Heart attack and Transplant Centre, UHSM treats an extremely sick subgroup of patients for whom access to optimal support therapy is critical. The mortality of patients with Cardiogenic shock remains high despite prompt Percutaneous coronary intervention therapy for heart attacks and advances in medical therapy.

The IMPELLA DEVICE is an alternative to the intra- aortic balloon pump which is the only Percutaneous assist device available at UHSM and is widely recognised as of limited benefit in this subgroup of patients. This important technology is widely used in many countries but is only suitable for a limited group of very sick patients. The Impella device requires 2 Console units for operation which are to be provided on loan by the Company selling the devices.

We are pleased to be at the forefront of introducing new technology for Heart patients at UHSM Wythenshawe Hospital.



DONATIONS

Thanks for all your donations, both large and small.

TOTAL DONATIONS = £14,704
(July – September 2014)

Special thanks to the following donors of over £100

In Memory of Peter Keogh = £100
In Memory of G Carter = £280
Altrincham Probus = £150
Merriman's Party = £277
Legacy E Veronica Turner = £13,300
Smaller Donations are individually recorded and are very much appreciated

GIFT AID: If you are thinking of donating money to the Ticker Club and are a tax payer, have you considered Gift Aiding it? Contact us for details and a form.

MONTHLY LOTTERY WINNERS - 1st = £50 2nd = £25 3rd = £13

July	1 st - 133 - P Rainford	2 nd - 139 - J Wigglesworth	3 rd - 142 - M Court
August	1 st - 152 - P Thornycroft	2 nd - 254 - V Shillito	3 rd - 197 - D Mullen
September	1 st - 101 - S Holland	2 nd - 147 - C Cooper	3 rd - 239 - S Clinkard

If you would like to support the Ticker Club Lottery, please contact Martin Merriman for more information and joining forms. Tel No. 01625 877205

Membership News

Thank you to all our Members that have renewed their subscription this year. If you have overlooked your payment please just send me a cheque to continue your membership. If you are a Tax Payer, you are eligible for Gift Aid and if you are not registered with us, please let me know and I will send out the form in the post to you. Gift aid provides an additional 25% to the club at absolutely no cost to yourself, it comes from the Tax man. If your personal details change in any way, please let us know for our records :by phone on 0161 291 2873 or email : tickerclub@uhsm.nhs.uk One way you could assist us is by providing your email address which would allow us better contact with you, we promise not to send very many emails. Hazel C. Phillips Ticker Club Membership Secretary

We welcome the following who have recently joined the Club:-

Abraham Gosling; Philip Cooksey; Ian Butler; Paul Cashin; John Holland; J Hunter; Ian Crowther; Kim Brown; Sharon Powell; Victor Hyam; Eileen McLaggen; William Binns; Douglas Taylor; Andrew Taylor; Patrick Sweeney; Mr Hashim Sayda; Mr & Mrs Ralph Payne; Dr & Mrs Prinja; David & Mrs Madden; Alan & Mrs Baldwin; Pamela & Mr Ankers; Mr & Mrs G Finney; Mr and Mrs Powell

Charity No. 519754



1987 - 2014
27 Years

THE TICKER CLUB NEWSLETTER

www.uhsm.nhs.uk/patients/tickerclub

October 2014

Affiliated to the British Heart Foundation

"TEAM ABRAHAM" WALKS 83 MILES FOR THE TICKER CLUB



On 28th June 2014 four generations of Abraham Gosling's family came together in celebration of his life and raised £1,703 for the Ticker Club. There was a point in 2013 when Abraham's family feared the worst as he very quickly developed a serious heart condition. He was struggling to walk even the shortest of distances without feeling very breathless. Abraham still went out to work and led a very active life and all that changed.

After lots of tests, investigations and medications the decision was made in October 2013 that he needed open heart surgery to replace his aortic valve. Abraham had the surgery in January of this year and by his own determination, the grace of God and the fantastic work of all the staff at the Northwest Heart Centre at Wythenshawe Hospital he is now well on the road to recovery.

In the weeks leading up to the surgery Abraham was introduced to the Ticker Club and very early in his recovery made a decision he wanted to "Give something back" by fundraising for the charity.

Abraham celebrated his 83rd birthday on 29th June 2014 by leading the four generations of the family in an 83 mile relay at Cannock Chase Staffordshire. The family, whose ages range from 8 weeks old to 83 years old, strolled, walked, jogged, cycled and had a truly amazing celebration. Here is Abraham with his wife Dorothy and some of the family.

NEW TICKER CLUB OFFICE IN THE NORTH WEST HEART CENTRE

Our New Ticker Club Office was officially opened on 17th June 2014

Pictured here on the right is Felicity Goodey, Chair of the University Hospital of South Manchester, NHS Foundation Trust, cutting the ribbon at the Official opening of the New Office in the entrance foyer of the North West Heart Centre at Wythenshawe Hospital, Chairman John Phillips and Secretary Cliff Clinkard are holding the ribbon. We are hoping to open the Office on weekdays and require volunteers to assist with this. Could you spare a few hours in a morning or afternoon to give advice to Cardiac patients and their families. You would be given full training and guidance in carrying out this role. Leave a message on the Office ansaphone Tel No 0161 291 2873.



Pictured on the left are:-

Left to right :- John Walton (Patient visitor), Eileen Bate (Committee member), Martin Merriman (Vice Chairman), Valerie Shillito (Treasurer), Iris Taylor (Patient visitor), Peter Jackson (Patient Visitor), Eruch Cavasji (Patient visitor), Alan Munday (Patient visitor) and Consultant surgeon Mr Venkateswaren

Back row:- Muneeb Yassir (Committee member), Consultant Cardiologist Mamta Buch and Nick Brookes (Ticker Club Joint President and Consultant Cardiologist)



"Joe Eelloo" - 1st March 1934 - 2nd July 2014

It is with great sadness we report the passing of Joe Eelloo, who had been a Ticker Club patient visitor for a number of years until ill health prevented his continued involvement. Following his Heart surgery, Joe wanted to give reassurance to others and worked as a Cardiac Ward visitor with Peggy Crane and Brian Lewis. The Funeral Service at Timperley Congregational Church was a packed house reflecting how well respected and loved he was. The Ticker Club was represented by Peggy Crane, Joe Travers, John Phillips and Cliff Clinkard.

Heart groups support BHF at Cardiovascular Conference



Pictured L to R : John Miller (TC), David Houghton (Bolton) and Danny Jenkins (Tameside) with a WWI-themed poster encouraging former patients to join Heart Support Groups.

The British Heart Foundation, as part of its new policy to engage more directly with Heart Support Groups (HSGs) invited HSG members to join them on their high-profile stand at the British Cardiovascular Society's annual conference in Manchester in June, writes John Miller. Along with representatives from other HSGs, a number of Ticker Club members accepted the invitation as former patients to be on hand on at least one day of the 3-day conference to discuss their experiences with delegates who visited the stand.

This was felt to offer an especially valuable opportunity for those with little direct contact with patients, such as scientists and researchers, to hear our real-life experiences and learn something about the valuable work done by Heart Support Groups.

On the final day of the conference the Cardiovascular Care Partnership hosted a patient-themed day with a programme of events aimed especially at HSGs. On that day Hazel Phillips, Val Shillito, Alan Munday and Iris Taylor, among others, assisted University Hospital of South Manchester cardiologist Matthias Schmitt as volunteer patients in a mobile MRI scanner in demonstrating live scanning to clinicians visiting the conference.

Our efforts were particularly appreciated by the professionals who clearly had some idea of the claustrophobic experience it is to spend an hour or more in there!

At the end of the conference a large group of HSG members from the area and beyond came together on the BHF stand contributing, we all felt, to a better understanding for the BHF of how HSGs operate, as well as making good use of the resource of first-hand patient experience.

Pictured on the BHF stand are BHF staff with former patients from Heart Support Groups across the region, Ticker Club Committee member John Miller 5th from left.



Ticking again at UHSM Open Day



A bright sunny day heralded Sunday 28th September 2014 and once again saw the Ticker Club Team set up their stand at the Wythenshawe Hospital Open Day.

The day was an opportunity for the University Hospital of South Manchester NHS Foundation Trust to link with the Community and let the Trust members see how their hospital advances in these changing times within the NHS.

The theme of the day this year was centred on the 1000th Heart Transplant, which was successfully carried out in April of this year.

The teams manning our stand were able to explain what we do whilst distributing leaflets and Newsletters. We also collected donations for the pens, badges, mugs and polo shirts, raising nearly £60 on the day.

As the Ticker Club enters its 28th year at Wythenshawe Hospital, our attendance at the Open Day has enhanced the public's awareness of our continued support for Cardiac Patients and their families.

The picture shows the Trust Chair Felicity Goodey with Ticker Club Committee members, Sue Clinkard, Eileen Bate and Hazel Phillips.

Calling all Heart Patients – Can you help?

A new Research Project is about to start at University Hospital of South Manchester, with the aim of reducing the frequency and severity of complications after Heart Surgery. The project will use data that is routinely recorded on the Cardio Thoracic Critical Care Unit after Heart Surgery but will analyse it in a novel way.

Doctor Sam Howitt says "We are very excited about the project and expect it to lead to significant benefits for patients and also for the Hospital. To ensure we ask relevant questions, explain the research clearly to patients and produce research findings that are of use to patients, it is important that we talk to people who have undergone Cardiac Surgery as well as those who are about to undergo surgery. To do this we would like to organise a brief, informal and hopefully fun meeting with a group of interested volunteers over the coming weeks to discuss the project's design and how we will interact with patients during the study"

If you would be interested in assisting in this new project, please contact Doctor Howitt directly on :- samuel.howitt@manchester.ac.uk

Where in the World Competition

Please phone your answer to the Ticker office Tel No 0161 291 2873. There is a prize for the first correct answer received.



TICKER CLUB LOGO POLO SHIRTS

New member SHARON POWELL is modelling our POLO SHIRT which is available in various sizes in Light Grey only. **Cost £7.50 each (plus postage and packaging £2.50).**

Please phone your order to the Ticker office - Tel No. 0161 291 2873 or call into the New Ticker office in the entrance foyer of the North West Heart Centre at Wythenshawe Hospital.



10 YEARS FOR ALSAGER AND WE WERE SO LUCKY !

There I was awake at 5.30 am and it is raining heavily, thinking... 'Do I' :- 1. Curtail the event to 13 holes ; 2. Cancel it ; 3. Shoot myself ; or 4. Ignore the shocking/frightening weather forecast !! As I am writing this report on a very successful 18 hole event clearly I choose option 4....

With an entry of 100 golfers – including a welcome influx of a number of 'NEW' teams – the usual busy early morning start was inevitable for the catering staff and myself and intrepid band of volunteers. Fortunately the rain eased off (then stayed off) early on and most golfers enjoyed a full, dry, round of golf. Everybody commented later that the refreshments and biscuits (bolstered by a piece of our celebration cake!) at the end of the first 9 holes were extremely well received, well done Chris and Pat Fletcher!

As is our usual format, a sumptuous meal (and more cake!) were provided when teams arrived back in the clubhouse and prize-giving and raffle were held before everyone departed fully replete and all singing their praise for a 'Super day's golf' and enjoyable apres-golf –all for a good cause.



Our winners this time around were "TIMELESS", a team captained by Alsager stalwart and long-time captain at our annual event, John Burt, pictured on the left. Our 'Mixed' team prize was won by Emily Fletcher's "SCOTTISH POWER", regular Newsletter readers may recall Emily's prodigious Ticker Club fund-raising efforts recently during her year as Lady Captain at Bramhall Golf Club.

On the subject of raising funds, those who took part and supported our 10th Annual Alsager Golf Day, raised the magnificent amount of £2,200 which, together with the £800 plus raised by my son, Stephen (see last Newsletter), is being used by The Ticker Club to purchase a Lifecard Recorder Monitor which will form the hub of a new Rapid Access Palpitations Service being launched by the Cardiac Diagnostic Centre at The North West Heart Centre at Wythenshawe Hospital. A small residue from the total of these two fund-raising efforts will be used by the Committee when further items are identified by The Heart Centre.

Finally, a big thank you to our main sponsors, Barclays Bank, who matched the £480 raised at our raffle and to all other donors (Principle Hayley Hotels; Hawkestone Park, Mere, Pennant Park and Sale Golf Clubs; Bangor in Dee and Haydock Racecourses, to name a few of the larger ones). My heart-felt thanks go to my trusty band of volunteers as always and, last but not least to the catering, bar and ground-staff as well as Alsager Golf and Country Club. Without all this support, the event would not be the success it has been for the past 10 years during which a total exceeding £15,000 has been raised. Alan Imrie (Alsager Charity Golf Day organiser)

The Tickers fly the flag at Tameside Hospital



On Sunday 21st September 2014, Tameside Hospital held its first comprehensive Open day. The day was an opportunity for Tameside Hospital Foundation Trust to link with the community and let the people of Tameside see how their hospital is progressing and showcasing to the public the good work that they do. Our chairman, John Phillips, a Governor at Tameside, was on the Committee helping to organise the day.

The weather was sunny and a large number attended. The local community was involved in the entertainment, a Brass band, a Community choir and a young persons dance group.

We spent a useful four hours explaining what the Ticker Club does to the many interested people, including a number of young persons, with our Leaflets and Newsletters helping with this. We also collected donations for our Logo pens, badges, mugs and polo shirts, raising over £40 on the day.

Yet again the Club has enhanced the public's awareness of our existence and purpose.

Pictured here left to right : Alan Munday, Hazel Phillips and Eruch Cavasji

The Ticker Club is actively involved at Tameside on alternate Fridays supporting Cardiac patients attending Professor Yonan's clinic. If you would like to join our patient Support Group to strengthen the Team at Tameside Hospital and feel you can give 2 - 3 hours on alternate Friday mornings to join the team then please contact John Phillips on 07771718339 to initially discuss the role.

CHRISTMAS HOTPOT EVENING AND CHRISTMAS DRAW 2014



Our Christmas Hotpot evening takes place on Thursday 11th December at the usual venue of the RAILWAY INN, Hale.

There will be a Festive Quiz, Hotpot supper, Christmas Cake and the Grand Christmas Draw will be made. Vegetable Lasagne alternative is available but must be pre-ordered.

Book your places at this very popular event by phoning the Ticker office on 0161 291 2873 (Ansaphone) or emailing : tickerclub@uhsm.nhs.uk £7.00 per person

Barbara and Martin Merriman are hoping that you will support this year's Christmas Draw by buying Raffle Tickets which are enclosed with this Newsletter. We have sent you 2 books with 5 tickets per book (£1.00 each). Should you require more Raffle tickets, please phone the Ticker Club office. Prizes include an APPLE I-Pad, £200 Cash, Tea for two voucher, a Traditional Hamper and Cosmetics Hamper plus others. The Draw will take place at the Members CHRISTMAS HOT POT evening

