

Diary dates

Christmas Party & Prize Draw

Tues 10th Dec 2019

7.30 for 8.00 pm

at Cresta Court, Altrincham

To book your place(s)

please return the

order form sent out

to all members

complete with payment

at £18.50 per person &

your menu choices by

Mon 11th November

2020

Our next Members' Social Evening

Tuesday 25th Feb

from 7.30 pm

at the Stamford Arms,

Bowdon WA14 2TW

[more details to follow]

All welcome!

Annual General Meeting

Thursday 23rd April

at Cresta Court, Altrincham

[time to be confirmed]

Annual Patient Support Visitors' Seminar

Thursday 21st May

in the Education & Research

Centre, Wythenshawe

[times to be confirmed]

Critical Care's lead nurse retires

On 4th September staff colleagues and Club volunteers came together to mark the retirement of the Critical Care Unit's lead nurse, Haley Hardiman.

The occasion began with warm tribute paid to her by lead anaesthetist Julian Barker, before Alan Munday had the opportunity to thank Haley on the Ticker Club's behalf.

Alan said: 'It is my privilege to say a few words on this occasion in appreciation of Haley on behalf of Wythenshawe Hospital's Ticker Club and, by implication, all ex-patients who have experienced Haley's care in this unit.'

'I'm sorry our chairman John Phillips can't be here today but, as lead governor at Tameside Hospital, he's had an urgent

last minute matter to deal with. So, I'm here on his behalf.

'When I was operated on 18 years ago this month, this unit did not exist, but I have become familiar with it in recent years. When I take part in the Friday afternoon patient and carer information meeting facilitated by Berni, Karen and Wendy of Critical Care, I'm aware that Haley's whole-hearted support has been vital. So, on behalf of all ex-patients, I thank her for backing this much-appreciated service.'

'This Friday I will be making one of my regular visits to the British Heart Foundation committee on which I serve. At this meeting with ex-patients from across the country, when I tell them of this service in Wythenshawe's Critical Care Unit, they are most envious.'

'In this way, Haley, your work is nationally recognised.'

'I wish you on behalf of patients a happy retirement which I hope, like mine, is also busy and just as fulfilling.'



Alan Munday thanks Haley by presenting her with her very own Ticker Club mug

Membership matters

Welcome to quite a list of new members, joining us since the last Newsletter :



Our thanks to you all for joining existing members in supporting the Club in this way for the coming year.

Hazel Phillips, Membership Secretary

- 2032 Mr & Mrs Keith Magee
- 2033 Heidi Magee
- 2034 James Harris
- 2035 Betty Bray
- 2036 David Kenyon
- 2037 Paula Kenyon
- 2038 Shelly Stevenson
- 2039 Brian Summerfield
- 2040 Mr & Mrs John Bodicoat
- 2041 Duncan Stoddard
- 2042 Susan Tye
- 2043 Cynthia Mangini
- 2044 Mr & Mrs Lawrence Coase
- 2045 Mr W Chew

Charity No. 519754



The Ticker Club

NEWSLETTER

www.thetickerclub.co.uk

Autumn 2019

Founded 1987

Affiliated to the British Heart Foundation

Ticker team



Chair :
JOHN PHILLIPS



Vice Chair :
DAVID HOLMES



Secretary :
KEN DUGGAN



Treasurer :
MARIE HOLMES

Committee members :

BELINDA CARTER
JOHN MILLER
HAZEL PHILLIPS
SHARON POWELL
MUNEEB YASSIR

Co-opted members :

MARTIN MERRIMAN
JACKIE RICHARDS
GAYNOR SLATER

Visitor coordinators :

MUNEEB YASSIR
ALAN MUNDAY

Membership :

HAZEL PHILLIPS

Newsletter & Media :

JOHN MILLER



Next social event:
see Diary page 4
Come & join us!

Social evenings firmly back on the agenda

As announced in the last Newsletter, after a gap of almost 5 years, the first of what seems likely to become a new series of regular social events took place at The Stamford Public House, Bowdon on 10th September.

We had a mix of members, old and new, plus a bevy of beauties from the Hospital's Critical Care Unit. Add into the mix a cluster of committee members and a fun quiz, and we had the ingredients for a great evening.

shimmied into second place with The Inbetweens and The Hunters in joint third. Then we mixed it up a bit and played the music round, marked the cryptic picture round and waited to see who would be crowned champion team of the evening.

After a stewards' enquiry and only ONE point between the first and second placed teams, we were all pleased that the medical minds of the International Beauties from CTCCU were victorious with 80 points,

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L to R: Secretary, Chairman & Membership Secretary, the 'Cheshirepudlians', well on their way to winning the booby prize!

Star winners of the quiz: 'International Beauties' team from the Critical Care Unit

Picture rounds were handed out to work on throughout the evening. We had two rounds of 'heart-themed' general knowledge and a music round. There was all to play for; well pride and points at least, with the winner claiming the life changing first prize of 16 whole pounds. Wow!!

After the first general knowledge round, team Prime Suspects were in the lead, with International Beauties and Heart to Heart in joint second. After round two, Prime Suspects still held the lead, Team Tango



Page 2 : Chairman's chat, donations & lottery

Page 3 : Wigan 10K fundraiser and committee action

Page 4 : Lead nurse retires & your diary dates

Donations

Thank you for your donations, large & small, whether from individual members, from non-members, or organisations supporting our work.

GIFT AID : If donating, have you considered Gift Aid?

If you are a tax payer, this increases your donation by 25%.

Donations of £100 and over received from August to October are shown below :

Donation from / for	£
Mary Ashley Keep Fit	336
In mem. Howard Shaw	290
Harvey Tench	100
In mem. Ralph Bullock	366
In mem. Theo David Tye	450
In mem. Denis Bell	127
Barbara Stones & Cynthia Mangini coffee morning	320
Hadfield Masonic Lodge	100

Smaller donations are always recorded and are very much appreciated.

Lottery winners

AUGUST	No.
1st £50 J Whittaker	131
2nd £25 M Blessitt	40
3rd £13 R E Noel	122
SEPTEMBER	No.
1st £50 F Tomlin	3
2nd £25 J Miller	127
3rd £13 W Parnell	176
OCTOBER	No.
1st £50 B Summerfield	91
2nd £25 D Latham	172
3rd £13 A E Robertson	130

Why not join in?

The more that join, the bigger the prizes!
£1 per month per number

Contact Martin on 0161 291 2873

Chairman's Chat

Hello to you all. It's hard to believe that we are just over half way through our 2019/20 Ticker Club Year; summer has passed to autumn and the clocks have gone back.

It's all to look forward to though - your Ticker Club moves on from strength to strength. The new committee members I welcomed after the AGM, I'm delighted to say, have really settled in with the existing team and I know will help to take us forward into the 2020s.

I am delighted to share with you that we have been in discussion with the Trust to spend funds raised from kind and generous donations, and we also have funds ring-fenced for items on order for the Cardiac Units here at the hospital [see committee report p.3]. Of course funds for the support we give to the North West Heart Centre come from all of you who renew your membership with us, as well as from fundraising events and from many non-members who have fundraised for us as well. I truly thank you all very much for this support.

Our Christmas Draw tickets are now on sale and I know the distribution team have posted out books of them to all members

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followed by Prime Suspects on 79 points and Team Tango, headed by new member and volunteer Brian Dorwood, coming third with 71 points. Close, very close!

The committee members' team (named Cheshirepudlians) won a box of chocolates as their reward for consistently being last all evening! Team Tango didn't go away empty handed as they were nominated - by the friendly and impartial bar staff - as winners of the Best Team Name. Neil Wiltshire did a great job as Quiz Master - a big thank you to Neil.

David and the team from The Stamford Pub in Bowdon made us very welcome and the evening was declared a success on the night.

Beetle Drive : We're off with a six!



Beetle!

We're pleased to report the evening was well supported with even more attending and, as we think you'll see from these pictures, was just as much fun as the first event.

So there's more to come: another date for your diary is the next social evening on **Tuesday 25th February**. We hope you, together with any more friends and supporters you can bring along, will join us then.

Belinda Carter

along with the Christmas Party details.



The Draw will be at our Christmas Party, again at the Cresta Court Hotel in Altrincham, on Tuesday 10th December. I hope you have the date in your diary, so please contact the office to make a booking if you are looking to come and join us. Contact details are in this newsletter and on our website: www.thetickerclub.co.uk.

The Club has in recent months started to work on the social side of the Club again; two events have now taken place - both at The Stamford Pub, Bowdon [see lead story p.1].

I do so hope to meet you at any of these events you are able to attend. Keep an eye on our website and the newsletter for details of further social evenings.

This will be our last Newsletter for 2019, so may I take this opportunity on behalf of The Ticker Club committee to wish you all the best for the festive season and for a healthy and prosperous 2020.

Kindest regards

John Phillips, Club Chairman

Social events are now very much back on the agenda and, as we go to press, there's just time to report on our Beetle Drive which took place at the Stamford on 29th October.



Fundraising : Memories inspire a Wigan 10K run

On Sunday 1st September friends Nicola Smedley and Michelle Robson took part in the Wigan 10K Run in memory of Nicola's father. Here is her story :

'In August 2015 my Dad suffered a major heart attack which resulted in him being transferred from Wigan Infirmary to Wythenshawe Hospital to undergo a heart transplant. Dad was put into a coma for the next few days while he was on the waiting list for a heart transplant.

'During this time we heard about the work that the Ticker Club do for both patients and their families. But sadly Dad took a turn for the worse and the most difficult decision had to be made to turn off his life support.

'Earlier this year Shel and I decided that we wanted to push ourselves by running the Wigan 10k. Although my Dad did not survive and we did not get to use the service that the Ticker Club provides, we decided to raise money for the Ticker Club to ensure patients and families continue to receive their care and support.

'Completing the 10k was a mix of emotions for us both - excitement, both emotional and proud - as we both managed a personal best time. Bella and Harry also did the family mile in memory of their Grandad, which they loved. We are proud and grateful for the money we raised for the Ticker Club, a total of £770.75, and want to thank everyone who supported and sponsored us.'

Nicola Smedley



Michelle Robson and Nicola Smedley



Do you have . . .

'A Member's Tale'

. . . about your journey to joining the Ticker Club? If you would like to share your story, please send it in no more than 500 words to :

enquiries@thetickerclub.co.uk

Committee meeting 12 September : Key points discussed

Following suggestions that the Club's committee share the key points of its discussions and decisions at committee meetings, this report on its bi-monthly meetings will now be a regular feature in our quarterly Newsletters.

- A vein harvester that uses minimal intrusion techniques was funded for use by cardiac surgeons, at a cost of almost £24,000.
- A portable echo-cardiograph machine at a cost of about £6,000 was approved for the cardiac wards, to allow the machine to be brought to a sick patient's bedside.
- A donation for each of the cardiac wards towards Christmas festivities was approved.
- Fundraising is being expanded and more local organisations are being approached for charitable donations.
- Membership numbers have reached 479, although some members have yet to pay this year's subscription.
- The 2020 Seminar is booked for 21st May 2020 in the

Education and Research Centre at Wythenshawe Hospital.

- The AGM is booked for 23rd April 2020 once again at the Cresta Court, Altrincham.
- The Chairman, the Membership Secretary and the Club Secretary are all due to stand down at this meeting, and replacements will need to be found for election.
- The monthly social meeting at the Stamford Public House in Bowden was a great success - it is planned that more will follow.
- Substantial prizes for the Christmas Draw were agreed.
- The massively revised post-op patient support booklet 'A New Beginning' (formerly known as the Green Book, now the Blue Book) is now in use, funded by the Ticker Club.
- Volunteer visitor matters were considered closely, including numbers available, retirements, new recruits and sickness coverage.

Ken Duggan