Diary dates

2020

Our next Members' Social Evening

Tuesday 25th Feb

from 7.30 pm at the Stamford Arms, Bowdon WA!4 2TW

'How well do you know your twenty-teens?' A quiz on the past decade

All welcome!

Annual General Meeting

Thursday 23rd April

at Cresta Court Hotel, Altrincham at 10.00 am

Members will find full details and a nomination form for 2020-2021 officers and committee enclosed with this Newsletter

Annual Volunteers' **Seminar**

Thursday 21st May

in the Education & Research Centre, Wythenshawe [times to be confirmed]

The Club's patient face: how it happens

panying carers will have come etc in another area. across the Club's Volunteer Visitors New visitors are also expected to perhaps they'll have noticed 'Visitor Co- which take place about fifty weeks per ordinators' on the front of the Newsletter and wondered what their role might be.

All our visitors – just over twenty active at the moment - are former heart surgery patients. They attend pre- and post-op heart consultant surgeon clinics at Wythenshawe, Wigan and Tameside Hospitals, usually in the mornings. And they are available to patients and their families on admission to cardio-thoracic ward F6 from Sunday to Thursday afternoons and for post-operation patients on F6 four mornings each week.

All visitors take part in the statutory behalf of the Club, explaining the Club's about cardio-physiotherapy and rehab.

identity cards, I take over as the Visitor accommodate newer colleagues. may not regularly work in all areas, new case cover from outside the team is needed.

any former patients or their accombetter able to cover for illness, holidays,

around the Hospital and may have won- attend at least 2 or 3 Friday afternoon dered how they came to be there. And Patient and Carer Information sessions,



Alan Munday introduces a new patient to the Ticker Club in the Tameside cardiac clinic

training of each hospital in which they year. Four Club volunteers take turns volunteer, and are DBS (Disclosure and monthly to open the session with a talk Barring Service) vetted for each hospital. about the Club and their experiences as a Training covers, amongst other topics, fire patient. But talks by the health professafety, hand hygiene, the 'Prevent' sionals are of most importance to inform strategy, governance, and attendance at patients about what to expect on admisthe Annual Volunteers' Seminar. These sion regarding current procedures, and processes are supervised by the Club's what they can expect to go through as Visitor Co-ordinator Muneeb Yassir, who they progress from Cardiothoracic Critical will have first interviewed applicants on Care Unit (CTCCU) to Ward F6, as well as

visitor philosophy and procedures. He will For the co-ordinator the 'tricky' bit is have assisted them in the filling out of fitting in the new visitor's availability and application forms leading to an interview preferences with the gaps available. with the hospital's Volunteer Department. Experienced visitors help with this by Following training, once volunteers are being flexible in sharing and/or alternating 'badged up' with their Hospital and Club their visiting, in order to welcome and

Co-ordinator organising Club-specific Most teams act autonomously within training, mainly consisting of shadow their session by covering for each other, training 'on the job'. Even though they but I check my emails from visitors daily in

volunteers accompany experienced My grateful thanks go to all the Club's visitors in all the areas in which we work visitors and Friday afternoon speakers (clinics, pre-op and post-op wards). This who maintain the Club's presence week in, not only makes them better able to week out for the patients we are here to choose their preferred area, but also support. Alan Munday, Visitor Coordinator

Are you creative?



In line with its recently adopted policy of having effective backup for all skills involved in the smooth running of the Club, the committee is looking for an individual volunteer or volunteers with the background to offer support in the Club's media output through its publications and website.



If this might be you, please contact John Miller by email at enquiries@thetickerclub.co.uk

Charity No. 519754



The Ticker Club **NEWSLETTER**

www.thetickerclub.co.uk

Winter 2020

Founded 1987

Affiliated to the British Heart Foundation

Ticker team



Vice Chair: **DAVID HOLMES**



Secretary: **KEN DUGGAN**

Treasurer: MARIE HOLMES

Committee members: BELINDA CARTER IOHN MILLER HAZEL PHILLIPS **SHARON POWELL** MUNEEB YASSIR

Co-opted members: MARTIN MERRIMAN **IACKIE RICHARDS GAYNOR SLATER**

Visitor coordinators: **MUNEEB YASSIR ALAN MUNDAY**

Membership: HAZEL PHILLIPS

Newsletter & Media: JOHN MILLER



Next social event: see Diary page 4 Come & join us!

Christmas Draw breaks record (again!)

happy group of Club members and friends made their contribution once again by signing up for an enjoyable Christmas meal - the fifth at the Cresta Court, Altrincham - on 10th December.



Lead nurse Helen Allen draws a winning ticket

But the main event on this occasion is of course the Annual Prize Draw which again broke all records, raising the net sum of £4,842, with over £3,000 of that coming from ticket sales within the Hospital itself.

Welcoming everyone, the Club's chair John Phillips thanked all present for their support over the past twelve months. He gave a special welcome to Hayley Hardiman and Helen Allen, hospital staff members, invited by a group of members 'to show our appreciation of the support they have both given to patients and to the Club.'

John went on to say: 'Some of you may recognise them if you have had a stay on Ward F6 or in Critical Care at Wythenshawe - one or both of these ladies may have nursed you.

'Hayley has just recently retired as Lead Nurse in Critical Care after a career of 38 years! But I'm delighted to say she hasn't left us totally, coming back to join her team again part-time.

'Since I first became involved with the Club at committee level, Hayley has been a 'go-to' person for guidance and advice when we as a Cardiac patient support group have needed it.

'Helen started in 2003 on F6, just in time to look after me, some 16 years ago, when I had my op at Wythenshawe. And since then Helen has become an important link for the Club, her support, along with her willingness and enthusiasm, very much appreciated by us all. We thank them both.'

John went on to thank Marie and David Holmes who, he said, had worked extremely hard to organise the evening, an event that took a lot of planning, from bookings and menus to table plans and invitations.

Returning to the record sum raised by the Prize Draw, John said its tremendous success this year was also in no small measure due to the input from David and his team. He thanked them on behalf of the Club for the massive amount of work and effort they had put in to raise through the Draw these funds which support a major part of the Club's work. John Miller



An excellent Christmas meal is interrupted for members and friends by a keen photographer!

Page 2: Chairman's chat, Xmas **Prize Draw and lottery winners**

Page 3: Newly-funded items and committee action

Page 4: Our patient 'face' & your diary dates

Donations

Thank you for your donations, large & small, whether from individual members, from non-members, or organisations supporting our work.

GIFT AID: If you are donating, have you signed for Gift Aid? If you are a tax payer, this increases your donation by 25%.

Donations of £100 and over received from August to October are shown below:

Donation from / for	£
Michelle Howarth	125
Lynda Richardson	100
Stephen Reid	100
R Manners Wood	100
Eagle Bridge HC	441
Helen Hitchmough	200
In memory of	

Margaret Watson 133

Smaller donations are always recorded and are very much appreciated.



Lottery winners

		,	• • •
NOV	EMB	ER	No.
1st :	E50	S Powell	150
2nd :	£25	W Mullin	194
3rd	E13	R E Noel	124
DECE	MBE	R	No.
1st :	E100	l Taylor	107
2nd	E50	N Woodward	77
3rd	£25	C Clinkard	39
JANU	IARY		No.
1st :	£50	J Phillips	76
2nd :	£25	R E Noel	123
3rd	£13	A Hunt	171

Why not join in? The more that join, the bigger the prizes!

£1 per month per number

Contact Martin on 0161 291 2873

Chairman's Chat

ello to you all. May I begin by wishing support and help of you you a peaceful and healthy New Year. It was lovely to welcome many of you are always a team effort to our Christmas Party and Prize Draw at The and I say thank you to Cresta Court in December. Everyone seemed you all for your support to enjoy themselves, so much so that I over my time in office. believe the 2020 party date has already been set for 10th December, so please put it in your diary.

On £30,000 very recently on various items [see p.3]. One big ticket item

as I stand down at this year's AGM on 23rd as a committee member. Throughout that are fast approaching our financial year end. time it has been both an honour and a pleasure to serve the Club.

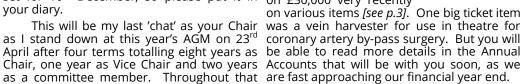
which was a milestone year - we celebrated the 25th anniversary of the Ticker Club, we were voted by the Trust as Volunteer team of £1 million since our inception in 1987.

reached the £1.3 million mark.

In 2016 the Ticker Club was awarded relinquish. the prestigious Queen's Award for Voluntary Once again thank you for all your support. Service in recognition of the support we have Best wishes now and in the future. given to the Hospital's cardiac unit and, most importantly, to patients and their families.

None of the above would have been possible without the massive all. Such achievements

We have spent close



Our social evenings are firmly back on the agenda - look out for the dates of those I was elected to the Chair in April 2012, and also other events both here in the Newsletter and on our website.

I hope that many of you will come along to the AGM on 23rd April at the Cresta Court the year and we also celebrated the raising of in Altrincham. Although I will be leaving the committee at that point, I will naturally still We have continued to build on the be involved with the Club, as one of the strong foundations that had been laid down patient support team on the wards and for when we were formed and to date we have the Friday afternoon pre-op patients' sessions, both of which I would not want to

John Phillips, Club Chairman

Members joining

Welcome to another good number

joining us since the last Newsletter:

2046 Julia & Tony Redmond

2048 Richard Adrian Leeming

2047 Wendy Williams

2049 Barrie Parker

Prize Draw winners

ı			
	Prize	Winner	No.
	1. Kindle	Audrey Newman	2280
	2. Tea for two	Jim Edgar	2548
	3. Meal for four	Karen Lawler	5872
	4. Hamper	Tony Dumican	2518
	5. M&S voucher	Sam Edmondson	3706
	6. Bottle Baileys	Tracey Kidd	5908
	7. Lady's purse	Ann Arnfield	5099
	8. Bottle port	David Woods	6819
	9. Bottle gin	Abby Pinkney	5485
	10. Bottle Asti	Keith Noble	4320
	11. Bottle Merlot	Alan Jackson	1974
	12. Bottle white wine	M Reynolds	288
	13. Bottle Shiraz	John Phillips	2737
	14. Bayliss & Harding	Colin Cooper	2507
	15. Bayliss & Harding	Christine O'Connor	5082
	16. Ariana Grande set	Elaine Tetlow	2936
17. Calvin Klein David Charlesworth 89			894
	18. Silver frame	'Fred'	5411
	19. Umbrella	David Feldman	5474
	20. Twelve candles	Stuart Lyall	6855
	21. Glass candle picture	Lesley Tranter	6333
	22. Wireless monopod	Berni Campbell	3640
	23. Zest of times	Peter Dowell	982
	24. Box chocolates	Kathryn Sobczak	5404
ĺ	25. Speech bubble box	Steve Gamble	6378

2050 David Carling 2051 Carol Hart 2052 Lynda Richardson 2053 David Sharp 2054 John Barrat 2055 James Dopson

2056 John Proctor 2057 Peter Ross 2058 Michael Ginley 2059 Mr & Mrs Gerald Cartledge 2060 Jim Cretney 2061 Alan & Denise Laver 2062 Tina Littler

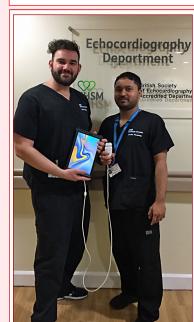
2063 Mr & Mrs Arthur Hazlehurst Our thanks to all of you and re-joining

members for supporting the Club in this way for the coming year.

Hazel Phillips, Membership Secretary

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Recent purchases coming into service



Specialist cardiac physiologists Mark Davies and Maruf Rahman with the Club-funded echo scanner ver the last three months the Club has agreed to fund three major items to improve the experience of cardiac patients.

Among these is an echo scanner costing £4.500. paid for by the Club and now in service. We have received this message of thanks:

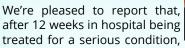
"The echo department would like to say a big thank to the Ticker Club for their generous donation of a brand new, state of the art, hand-held echo machine. The Lumify device will allow us to perform high quality ultrasound scans of the heart almost anywhere. We can scan our patients easily at the point of care, whether on the ward or in the consultant's clinic, making for a faster diagnosis, and improving patient care."

In addition the Club has agreed to fund a bladder scanner at a cost of £6,000 which we understand is now on site and will be paid for once we have received an invoice. Thirdly, we expect to be funding a

vein harvester, which makes removal of veins for artery replacement much simpler and therefore significantly reduces scarring. This is expected to be priced at a maximum of £24,000 once a firm John Miller order is placed.

Val Shillito

Chair Iohn Phillips writes:



Val is now back at home, though with quite a period of recovery ahead of her.

Val has shared her delicious healthy recipes with us here for over 17 years, as well as serving on the Club's committee for much of that time. I'm sure you'll all want to join me in wishing her well for a good recovery.

Hazel Phillips

Hazel says farewell:



have truly enjoyed looking after you all, and just want to say thank you for all your loyal support over the years. I'm sure you'll continue to support my successor.

May I wish you all the very best for the Kindest regards *Hazel* future.

Key points from recent committee meetings

The Club's committee now regularly shares discussions and decisions at its bi-monthly meetings in our quarterly Newsletters.

14 November 2019

- The vein harvester we are funding will make operations easier for patients having by-pass grafts. The cost has been confirmed at £22,671, slightly cheaper than first advised.
- The hospital has withdrawn a query regarding a bladder scanner for F5 and F6, saying that the one they currently share is sufficient for what is needed.
- The Trust has confirmed that their rules insist that all requests to us for funding must be approved by the Trust before they can be sent to us.
- Planning for the Club's 2020 Seminar is well under way, and speakers are being contacted.
- Trust requirements are that every visitor should attend the Seminar to meet their training needs.
- The monthly Social Evenings are going very well; the next one is scheduled for February 25th at the Stamford Arms in Bowden.
- Much work is being done on organising the Club to meet the growing needs for our support; also, senior officer roles become vacant in April 2020. Members are urged to consider standing for either a committee role or an officer role at the 2020 AGM (23rd April 2020).
- The Christmas Party arrangements are in place the annual draw is on course to see record sales and receipts.
- Nazir Choonara has proposed that we consider starting a Facebook page for the Club. We are taking expert advice on key aspects of this option, including data security, technical risks, etc. Once we have this advice, the Committee will consider how or whether to adopt this suggestion.

9 January 2020

- The Bladder Scanner we had agreed to fund is now on site.
- The Vein Harvester we have agreed to buy has yet to be ordered.
- The Echo Scanner we are buying is now on site and we have paid for it.
- Financial year-end preparations are under way ready for lanuary 31st.
- Fundraising offers, including a sponsored Marathon and a sponsored bike ride, have been made.
- The process for approving new Ward Visitors in the hospital has speeded up slightly.
- 52 members have failed to renew their membership this year. It was agreed they would be removed from membership if they failed to pay their 2019 subscriptions following a reminder to go out with the next Newsletter.
- Several interesting presenters, including a surgeon and a clinical researcher, are among those being lined up to address the Club Seminar later in the year.
- Coming Social Evenings include a quiz night about the last decade, and a highly-regarded guest speaker.
- Club officer and committee member roles are available at the Club's coming AGM. Application and sponsorship forms will be published shortly.
- The Christmas Draw raised over £4,800 for Club funds, an all-time record.
- Gifts for the 2020 Draw are already being offered.
- Minimum attendance requirements for Committee members were again reviewed.
- The Club is considering starting a Facebook on-line page.

Ken Duggan

Well done all - and thank you!

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