

Diary dates

Members' meetings: A new start?

Wed 13th March

at 7.30 pm in the Woodheys Club, Washway Road, Sale

Enjoy a social evening & discuss: What's next?



Annual General Meeting

Thursday 11th April

at the Cresta Court Hotel, Altrincham at 1.30 pm
[please note CHANGE OF VENUE]

All members welcome : do come and take part

Patient support visitors' Annual Seminar

Tuesday 25th June

in the Education & Research Centre (ERC), Wythenshawe

Please note:

All visitor team members are expected to attend

Do you have ...

'A Member's Tale'

... about your journey to joining The Ticker Club?

If you would like to share your story, please send it in no more than 500 words to :

enquiries

@thetickerclub.co.uk

We'd like to see more of you

For most of its now 32-year history the Ticker Club's agenda has included regular social get togethers, mostly in the congenial setting of a pub or social club. But, as numbers attending dwindled for a variety of reasons, meetings became less frequent and finally died out altogether.

The committee has decided it is time to try to re-start these social meetings which, it is proposed, would be open to all members and their guests to attend.

In order to do this we need your input with regards to the format, timings, venue and content of any such get togethers.

Some ten years ago a survey was sent out to all members to gauge any preferences but, from the very small number of forms returned, results were inconclusive. This time we have decided to do things differently - by inviting you all to what we hope will be a reintroduction of the Club's social side.

So, an inaugural meeting is taking place on Wednesday 13th March at 7.30 pm at The Woodheys Club 299 Washway Road, Sale (opp The Avenue) M33 4EE. Though this venue has been chosen for a first

meeting as being 'accessible all areas' (easily reached from M56 and M6, as well as the whole of the Greater Manchester area), other venues will of course be considered.

Do please come along and make your wishes known so that future meetings can be organised to suit as many of us as possible. A bar will be available.

If this date is not convenient for you to attend and you would like any particular subject included for discussion, please let us know by leaving a message on 0161 291 2873 and or e-mail us at :

enquiries@thetickerclub.co.uk.

Look forward to seeing you. **David Holmes**



A members' social evening at the Railway Inn, Hale

Ten years of the Tickers at Tameside

For many years now local Club members have, at the invitation of the consultants concerned, been visiting the cardiac outreach clinics at Wigan and Tameside Hospitals to offer support to new cardiac patients.

Two of those patient support visitors at the Tameside and Glossop Integrated Care NHS Foundation Trust have recently received long service awards.

Alan Munday and Eruch Cavasji both received 10-year service certificates in recognition of their work supporting cardiac patients at Tameside when they are referred to Wythenshawe for surgery.

On alternate Tuesdays the Club's visitors cover cardiothoracic surgeon John Dimarakis' clinic where they meet and offer support to his patients and their families.

The Club began its visits at Tameside in September 2007, originally offering support to the patients of cardiac



Alan Munday receives his long service award from Karen James in the Tameside clinic

surgeon Professor Yonan. Now retired, Professor Yonan will be remembered by many Tameside readers, including Eruch, Alan and our Chair John Phillips who were themselves all under his care.

Pictured is Alan Munday receiving his certificate from CEO Karen James of the Tameside Trust. Unfortunately Eruch was unable to attend due to a prior engagement. **John Phillips**

Charity No. 519754



The Ticker Club

NEWSLETTER

www.thetickerclub.co.uk

Winter 2019

Founded 1987

Affiliated to the British Heart Foundation

Ticker team

Chair :

JOHN PHILLIPS



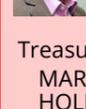
Vice Chair :

VAL SHILLITO



Secretary :

KEN DUGGAN



Treasurer :

MARIE HOLMES

Committee members :

JOHN MILLER
HAZEL PHILLIPS
SHARON POWELL
JOHN WALTON
MUNEEB YASSIR

Co-opted members :

DAVID HOLMES
DAVID LATHAM
MARTIN MERRIMAN

Visitor coordinators :

JOHN PHILLIPS
ALAN MUNDAY

Membership :

HAZEL PHILLIPS

Newsletter & Media :

JOHN MILLER



'We'd like to see more of you' See page 4

Club celebrates another excellent year

Addressing members and their guests at the end of an enjoyable meal, Chair John Phillips said he wanted to express his appreciation for the support the Club had been given again over the last 12 months. He said: 'Many of you have had a busy year, raising funds for the Club in support of cardiac patients at Wythenshawe Hospital. Members, non-members, patients, relatives of patients,

Simon our thanks for his efforts.

'These hard earned funds and donations have once again allowed us to support the cardiac unit and its patients coming through the North West Heart Centre. Keep your eye on the Newsletter and our website for updates on some of the things we've funded.' [see head cam p.3]

Referring to the Christmas Draw, one of the major fundraising events of the Club's year, John thanked the team who worked hard selling Draw tickets and sourcing prizes to make the entire fundraising event such a success. He thanked those involved in its organisation, Treasurer Marie for keeping count of the monies, Father Christmas of course who often turned up to support the



Members & guests in party mood

friends of patients, local groups and regional groups had all taken part in the raising of funds, the life blood of the Club.

John went on: 'One of our cyclist fundraisers is with us this evening. I can tell you he's one who cannot show his gratitude and appreciation enough for the care his wife Lisa received at Wythenshawe - from CTCCU, surgeon Venkat and Dr Mamta Buch - at what was quite a worrying time for him and his family. That cyclist is Jan Williams and the lady, now one of our ward visiting team at Wythenshawe, is Lisa Williams [see Member's Tale : Newsletter Autumn 2018].

'It's been a busy summer on the bikes. Again, another grateful son, Simon Latham and his friends, raised funds for the Club in an Altrincham to Anglesey cycle ride in the summer. Mum and Dad are with us tonight, and I'm sure they will relay back to



'It might just be mine!'

ticket sellers, with his special thanks going to Barbara Merriman who led the team of ticket sellers and made sure all the folded tickets were in the big sack for tonight's Draw. Thanks also went to Vice Chair Val for taking on the planning of the Christmas Party, booking the venue, and for sorting out the menus, table plans and decorations.

The Draw itself produced an excellent addition to Club funds of **£3,270**.

Page 2 : Chairman's chat & Prize Draw winners

Page 3 : Club-funded head cam & our farewells

Page 4 : Social meetings & long service awards

Donations

Thank you for your donations, large & small, whether from individual members, from non-members, or organisations supporting our work.

GIFT AID : If donating, have you considered Gift Aid?

If you are a tax payer, this increases your donation by 25%.

Donations of £100 and over received from November to January are shown below :

Donation from / for	£
Aldcroft 50th wedding	185
Laura Walmsley (update)	677
Anon	250
Dr Peet	500
Poynton Male V Choir	1,233
Howard Warren	100
Tony Johnston	100
R Manners Wood	100
J Davis	100

Smaller donations are always recorded and are very much appreciated.

Lottery winners

OCTOBER	No.
1st £50 M Merriman	222
2nd £25 N Woodward	143
3rd £13 R Seddon	252
NOVEMBER	No.
1st £50 M & J Kemp	280
2nd £25 I Taylor	108
3rd £13 M Wright	270
DECEMBER	No.
1st £100 D Mulliner	63
2nd £50 J Phillips	76
3rd £26 J Lewis	155
JANUARY	No.
1st £50 T Weston	11
2nd £25 R Mannia	82
3rd £13 I Taylor	107

Why not join in?

The more that join, the bigger the prizes!

£1 per month per number.

Chairman's chat

Hello to you all. I hope you all had a pleasant and peaceful Christmas. May I wish you all a happy and healthy New Year with all the very best for 2019.

It was lovely to meet many members at our annual Christmas Party at the Cresta Court Hotel on 4th December. Combined with our annual Christmas Draw raising funds to support the Cardiac Unit, patients and their families at Wythenshawe Hospital, this once again made for a very enjoyable social evening.

The Club now enters a busy period preparing for our year end and working on the Annual Report in readiness for our AGM on 11th April. Please pop the date in your diary; it's a very important meeting for 'The Tickers'.

Two gaps will arise on our committee in April as we say farewell to Vice Chair Val Shillito and committee member Martin Merriman who are standing down. This year both Vice Chair and Treasurer 2-year terms will come to an end, and all five of the remaining committee posts are open as usual to annual nominations. To ensure continuity and the future of the Club it is vital we fill all these committee positions.

We are also looking ahead to the year 2020/21 when the committee will be saying farewell to our Secretary Ken Duggan,

Membership Secretary Hazel Phillips and of course myself as Chair. As you may know, I am stepping down at the same time after eight years as your Chair and, before that, one year as Vice Chair, and one year each as committee member and co-opted member.



So, if you feel you could contribute in some way to the running of the Club and could spare a little time to give to the committee, I would ask you, please, to consider putting your name forward for nomination. You will find a nomination form enclosed with this Newsletter. Or, if you would prefer, you could initially put your name forward for selection by the incoming committee as a co-opted member.

I am delighted to be able to share with you evidence of support for the Club as we now approach the £1.3 million mark in funds raised since our inception in 1987. Membership also continues to grow and I thank you all for this continued support.

Do also come along and join us in our bid to restart social events at the Club - you can find details of the meeting on p.4. I do look forward to seeing you then or at the AGM.

John Phillips, Club Chairman

Annual Christmas Draw Prize winners

Ticket Winner	Prize
1722 A Taylor	2 Fit Flex exercise bands
5558 Liz Bailey	Spa Day & afternoon tea
4488 Mrs J Reid	Afternoon tea for two
5529 G Burns	Fancy gins
3700 V McClean	Traditional hamper
6201 R Gee Clough	Vintage whiskey
5943 B Evans	Cosmetics
4364 Anton Moore	JW whiskey
4247 G Nother	Champagne
4440 Mrs Laibler	Cosmetics
1907 B Smith	Wine
5620 Mrs Wilman	Handbag
1727 J Taylor	M&S voucher
0824 D Latham	Biscuits
2218 R Houldsworth	Wines



Porter Anton Moore receives his prize



Membership matters

Hello again everyone! We'd like to welcome another eleven new members to the Club :

2003	John Boland
2004	W Edwards
2005	Jacqueline Redfern
2006	Michael Critchlow
2007	Paul McDonough
2008	David Norbury
2009	Anthony Dumican
2010	David Fitzgerald
2011	Michael Rodwell
2012	W & J Wilks
2013	Antony Lally

All new members are sent a joining pack containing a numbered membership card, an invitation to join our lottery, a GDPR form to complete, together with a pen and lapel badge.



Hazel Phillips, Membership Secretary

A surgeon's thanks for Club-funded teaching aid

Members and friends who joined us for our 30th anniversary celebrations in September 2017 will remember that surgeon Rajamiyer Venkateswaran, known to us all as Venkat, came with a presentation to thank us for the minimal access heart surgery instruments the Club had funded for him. Last year Venkat came back to us with a request for a wifi video head camera he could wear in-theatre as a teaching tool to record or transmit pictures of operations in progress. The camera, which the Club agreed to fund at a cost of £8,900, is now in service, and Venkat writes to thank us for a very useful tool :

'I would like to thank the Ticker Club for their generous support in funding the HD-video camera and head light system for use in the operating theatre [see picture R].

This camera system is worn on a band around the head and has its own LED light. The camera can record video files on to an SD card which can then be downloaded to a computer for editing. The camera system gives a clear view of the surgical field as seen by the person operating. This will be a great tool for educating and training junior surgeons in the steps of an operation.

'I have already used this system to record heart and lung transplant operations and have used video clips at the Newcastle Transplant Symposium at the end of last year, attended by surgeons from all over the world. My plan now is to use the camera system to create a library of video files starting from simple steps of opening up the chest to highly complex left ventricular device operations.

'I would also in future like to be able to perform live operations, demonstrating

procedures with viewers based elsewhere, such as in a seminar room. The head cam system is wifi enabled, which means it can telecast live video to a device in theatre that can then be streamed to a lecture theatre or seminar room.



'I am grateful to the Ticker Club for funding this kit for me. It has already been a great help and will continue to support teaching, education and training of future surgeons.

'Thanks once again for your continued support. Regards Venkat.'

Rajamiyer Venkateswaran, Clinical Director of Transplantation & Cardiac Surgery, Wythenshawe Hospital

Eddie Oldfield

We are sad to have to share with you the news that one of our long-standing ward visitors **Edwin (Eddie) Oldfield** passed away on 31st October at the age of 86.

Chair John Phillips represented the Club at Eddie's funeral at Stockport Crematorium on 16th November, where many friends joined the family to say goodbye.

The service was a celebration of Eddie's life, the eulogy reflecting the man we knew and a little of the Eddie we did not know - one or two humorous memories were shared with us all.

Eddie visited the wards for many years on behalf of the Club, meeting, listening and talking to all in his patient support role.

John recalls that Eddie went about his work in a quietly confident way putting

Our farewells



Eddie Oldfield



Arthur Worrall

patients at ease with a comfortable style.

He was well liked by all the cardiac unit staff and had many friends who he greeted as he passed the outpatient's reception desk on his way in to the wards, often stopping for a chat on the way out. We will miss him.

John Phillips

Val's recipe Bakewell tart



Almond pastry :

- 175g plain flour
- 30g ground almonds
- 65g icing sugar
- 130g butter diced
- 1 egg yolk

Filling :

- 125g soft butter
- 125g caster sugar
- 3 eggs
- 125g ground almonds
- 3 tbs raspberry jam
- 300g raspberries
- A few flaked almonds

Method :

1. Make pastry in processor
2. Add egg yolk & mix to soft dough (may need a little water)
3. Chill for 15 minutes
4. Roll out to line a 26cm flan tin
5. Chill while making filling
6. Melt butter in small pan
7. Beat sugar & eggs together, add butter while still stirring and stir in ground almonds
8. Spread jam on to base in flan case, cover with raspberries
9. Pour on mix and scatter with almonds
10. Bake for 35 mins at 180°C

Arthur Worrall

Family and friends came together to celebrate the life of **Arthur Worrall** at a service at Wythenshawe Community Church on 27 December.

Arthur had been married to his late wife, Vera, for over 50 years, and was a proud father and grandfather.

A former bus driver in his working days, Arthur was very much part of the community. After Wednesday mornings volunteering for some years as a clinic visitor for the Ticker Club, Arthur would spend time at the Outreach Centre of his church with Pastor Mike.

Arthur loved film and at the service a short film featuring Arthur was played to celebrate his life.

Sharon Powell